



## Disability Tennis Programme

Dorset LTA are proud to support disability tennis in the county and are looking at ways to widely promote more activity. Southbourne LTC are very active and have several programmes which they are rolling out. They are happy to share their experiences so why not go along to one of their sessions and see what great work they are doing, learn from it and see what your club can do. Check out the programme below and contact David Sanger if you are interested in helping disability tennis in your club.

For those who wish to learn the game or to just brush up on their current skills. All sessions will involve drills which will cover basic technical and tactical aspects incorporated into a game based approach, allowing progressive learning.						
Adult	Learning disability sessions. All standards. Ages 12+ Adults	Saturday	3.30 pm – 4.25 pm	n/a	£5 P+P	£5 P+P
Adult	<b>Adults Visually Impaired Tennis.</b> All standards	Monday	2 pm – 2.55 pm	Please check	£5 P+P	£5 P+P
	<b>Junior Visually Impaired Tennis.</b> All standards	Saturday	11 am – 11.55 am		Paid termly	Paid termly
Adult	<b>Day Centre Dementia/Mental Health</b>	Monday	11 am – 11.45 am	Please check		£5 P+P
	<b>Day Centre Wheelchair/Physically Impaired</b>	Monday	2 pm – 2.45 pm	Please check		£5 P+P
Adult	<b>Wheelchair Tennis</b>	Tuesday	12.30 pm – 2 pm	Every	£5 P+P	£5 P+P
	<b>Victoria School</b>	Thursday	2 pm – 2.55 pm	Please check	Please check venue	
	<b>Linwood School</b>	Wednesday	1.30 pm – 2.15 pm	Please check	Please check venue	

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